



Gluten Free Menu

Small Plates

Garlic & Parsley Crevettes (3), Toasted Bread | 13

Crab & Prawn Bruschetta, Tomato, Bocconcini, Pickled Fennel | 16

Salmon Terrine, Pickled Cucumber, Lemon & Dill Mayonnaise | 11

Beetroot & Tahini Falafel, Herb Coulis, Kale Crisp | 8 (ve)

Chicken Satay, Peanut Sauce, Chilli, Coconut, Charred Lime | 9

Brie Bites, Candied Walnuts | 9

Vegetable Sushi Rolls, Soy & Maple Syrup Dip, Pickled Ginger | 8 (ve)

Grilled Mackerel Fillet, Garlic Butter, Potato Salad | 11

Crispy Squid, Lime & Sweet Chilli Mayonnaise, Ink Cracker | 10

Hummus, Olives, Crackers | 5 (ve)

Salads

The Seaview Salad, Roasted Chickpeas, Corn, Beetroot, Quinoa, Pomegranate
Kale, Spinach, Mustard Dressing | 13 (ve)

Caesar Salad, Romaine Lettuce, Parmesan, Caesar Dressing | 11 (ve)

Thai Inspired Salad, Rice Noodles, Seaweed, Peppers, Red Cabbage, Edamame
Corn, Roasted Cashew, Soy Dressing | 11 (ve)

Add Breaded Soy & Lime Chicken 5 | 3 Garlic Crevettes 9 | Crispy Warm Tofu 6

SUMMER FEATURE

St Austell Bay Mussels | 18

In your choice of

Garlic butter, Cream, White Wine, Lemon, Bread

OR

Thai Green, Coconut, Basil, Coriander, Lemongrass, served with Prawn Crackers

Add Fries | 3

Mains

Seaview's Classic Large Crab Ramekin, Garden Salad, Fries & Bread | 26

Pan Fried Salmon, Wild Garlic, Pea & Parsley Risotto | 24

Sweet Potato Gnocchi, Spinach, Confit Tomato & Olives
Roasted Red Pepper Pesto, Feta | 15 (vg & veo)

Chicken Roulade Wrapped in Parma Ham, Stuffed with Tomato, Olive, Spinach & Feta
Potato Rosti, Herbed Sauce | 19

Lamb Loin, Confit Potato, Roasted Carrot & Broccoli, Kale Crisp, Minted Jus | 28

Surf & Turf, 5oz Fillet, Tempura Crevettes, Onion Rings, Potato Rosti
Rocket and Parmesan Salad, Peppercorn or Blue Cheese Sauce | 40

Herb Crusted Cod Loin, Local Heirloom Tomato Salad, Salsa Verde, Micro fennel | 24

PUMP BAR FAVORITES

Crispy Battered Catch of The Day, Chunky Maris Piper Chips, Charred Lemon,
Buttered Peas | Small 15 | Large 19

Breaded Soy & Ginger Chicken Burger, Sweet Chilli Lime Mayo, Lemon Grass Slaw
Toasted Sesame & Garlic Fries | 16

Breaded Scampi, Mixed Salad, Fries, Charred Lemon | 14

Tempura Cauliflower, Jasmine Rice, Katsu Curry Sauce, Charred Pak Choi | 18 (ve)

Fish & Chips Friday Special 2@23

Sunday Lunch: A choice Of Roast Beef Rump Or Pork Loin, Duck Fat Roast Potatoes
Seasonal Vegetables, | 20

Sides

Garlic Crevette | 3 (per piece)

Fries | 3 Add Cheese | 2

Chunky Maris Piper Chips | 4 Add cheese | 2

Garden Salad | 5

Truffle & Parmesan Fries | 5

Buttered Seasonal Vegetables | 5

Marinated Olives, Bread, Olive Oil & Balsamic | 8

Please let us know if you have any food allergies or special dietary needs.

Ve: Vegan | Veo: Vegan Option Available | Vg: Vegetarian